

Exhibition Facts

- *Expedition Health* is located in a 10,000-square-foot gallery and includes five activity areas: the Core Exhibition, the BodyTrek Theater, the Summit Science Stage, Biology Base Camp, and Tykes Peak.
- Biology Base Camp is the Museum's first scientific lab designed just for visitors.
- Nearly 300 Museum volunteers have been trained to work in *Expedition Health*—including three of the buddies who are featured throughout the exhibition.
- *Expedition Health* took two years to design, one year to build, and cost \$8.7 million dollars.
- There are 20 activity stations in the Core Exhibition area of *Expedition Health*, and more than 20 real anatomical specimens on display.
- More than 75,000 school children participate in health science programs at the Museum each year.
- The 35-seat BodyTrek Theater is the first participatory object theater in the Rocky Mountain Region. The theater program lasts 12 minutes.
- Twelve Coloradoans were chosen from among 500 applicants to become buddies in *Expedition Health*.
- *Expedition Health* is the first project to be completed in the Museum's new strategic plan, Museum 20/20. The plan includes a new science education center, a new storage facility for the Museum's collections, and a new permanent exhibition about planet Earth, among other projects.
- The Mount Evans expedition theme in *Expedition Health* reflects the Museum's intent to develop new permanent exhibitions that are regionally focused and uniquely relevant to the Museum's core audience, the people of Colorado.

THE STATE OF COLORADO HEALTH

- Colorado ranked as one of the five healthiest states in the country in 1998, but slipped to No. 19 by 2008, according to the annual rankings compiled by United Health Foundation.
- Colorado has the lowest rate of adult obesity in the nation but the rate at which obesity is increasing in the state matches national trends, according to a 2008 report by Trust in America's Health.
- Colorado boasts an active population, with more than 54% of the population exercising every day, according to the Colorado Department of Public Health and Environment.

- While Colorado scores better than most states in key health measurements, it has not reached the national Healthy People 2010 goals in several notable areas. Healthy People 2010 is a set of 28 health goals developed by federal health agencies in collaboration with more than 600 state and national health care organizations. The Colorado Department of Public Health and Environment reports these scores in key areas:
 - Obesity: 18.2% of Coloradans are obese, compared to a Healthy People goal of 15% or less.
 - Smoking: 17.9% of Coloradans smoke, compared to a goal of 12% or less.
 - Diabetes: 5.3% of Coloradans have diabetes, compared to a goal of 2.5% or less.
- Outdoor activities are among the most popular forms of exercise in the Rocky Mountain Region. In 2004, there were more than 23 million non-downhill skiing visits to the national forests in the Rocky Mountain Region. Nearly 50% of those visits involved hiking, backpacking, and bicycling, according to data from the National Visitor Use Monitoring Program conducted by the National Forest Service.

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Many of the Museum's educational programs and exhibits are made possible in part by generous funding from the citizens of the seven-county metro area through the Scientific & Cultural Facilities District.

Expedition Health and its exhibit names are registered trademarks of the Denver Museum of Nature & Science.

DID YOU KNOW? Children need an hour of physical play every day to improve mood and sleep.