



**Welcome to the World of Thrills and Skills!
New exhibition “Extreme Sports: Beyond Human Limits” coming to the
Denver Museum of Nature & Science**

DENVER — Do you really know what it takes? The new exhibition “Extreme Sports: Beyond Human Limits,” opening at the Denver Museum of Nature & Science on Sept. 13, goes inside the minds and bodies of extreme athletes to explore the psychology of their motivations and the science behind some of the riskier sports, such as wingsuit flying, ice and rock climbing, parkour, free diving, and much more. The exhibition is free with general admission.

There is a common perception that extreme sports are only for “adrenaline junkies.” While these sports are thrilling to both participants and fans, “Extreme Sports” dispels misperceptions and shows these activities typically involve high levels of intentional technical skill and decision-making, intense physical and mental exertion and proper use of specialized gear.

Guests will experience extreme sports through stories of international athletes, illustrating amazing commitment and perseverance, and immersive exhibits and hands-on activities that showcase science, creativity and innovation, inspiring guests to learn more about their own personal limits.

The Museum enhanced the exhibition with profiles of several extreme athletes from Colorado and a Ninja course created by Colorado-based Ninja Nation. “Colorado is the perfect state for the U.S. debut of this exhibition,” said Dr. Garth Spellman, the Museum’s curator of ornithology and curatorial advisor for “Extreme Sports.” “Our mountains, snow, skies, and waterways provide the perfect playground for extreme activities that have born world-renowned athletes.”

These are some of the activities that will be fun for families and friends because of the range of challenges:

- Try out a course developed by actual American Ninja Warriors at Ninja Nation.
- Virtually race the backcountry slopes.
- Get a sense of balancing along a high-line.
- Discover what it’s like to pilot a wingsuit.
- Take a virtual leap off of a cliff.

PRESS CONTACT: **JAMIE WINTER**
jamie.winter@dmns.org
720.425.2580

Extreme Sports: Beyond Human Limits was developed and produced by Science North, Sudbury, Ontario, Canada, in partnership with the Ontario Science Centre.



SEP 13, 2019-APR 12, 2020

**DENVER MUSEUM OF
NATURE & SCIENCE**
DMNS.ORG • MONTVIEW & COLORADO BLVD. • 303.370.6000

- Traverse kid-sized climbing walls for everyone that test grip and flexibility.
- Snuggle into a portaledge hanging tent and imagine dozing off on a rock ledge.
- Test your concentration abilities and your inclination to participate in extreme activities.
- Trace in the footsteps of a parkour athlete and get into an upside-down halfpipe photo op.
- Step into the Immersion Room and see what it feels like to ride a mountain bike and a whitewater kayak!

“Even in Colorado, myths about these athletes and their activities persist,” said Dr. Spellman. “*Extreme Sports* demonstrates the artistry, skill, and training required to pursue these amazing feats of human physicality.” The exhibition will be open daily from 9 a.m. to 5 p.m. through Sunday, April 12, except on December 25. For more information, visit www.dmns.org/extremesports.

Extreme Sports: Beyond Human Limits was developed and produced by Science North, Sudbury, Ontario, Canada, in partnership with the Ontario Science Centre.

About the Denver Museum of Nature & Science

The Denver Museum of Nature & Science is the Rocky Mountain Region’s leading resource for informal science education. Our mission is to be a catalyst and ignite the community’s passion for nature and science. The Museum offers a wide variety of engaging exhibitions, programs, activities, and scientific research to inspire public appreciation and understanding of the wonders of Colorado, Earth, and the universe. The Museum is located at 2001 Colorado Blvd., Denver, CO, 80205. Information: dmns.org or 303.370.6000. Many of the Museum’s educational programs and exhibits are made possible in part by the citizens of the seven-county metro area through the Scientific & Cultural Facilities District. The Museum is accredited by the American Alliance of Museums. Connect with the Museum on Facebook, Twitter, and Instagram.

###

PRESS CONTACT: **JAMIE WINTER**
jamie.winter@dmns.org
720.425.2580

Extreme Sports: Beyond Human Limits was developed and produced by Science North, Sudbury, Ontario, Canada, in partnership with the Ontario Science Centre.



SEP 13, 2019-APR 12, 2020

